

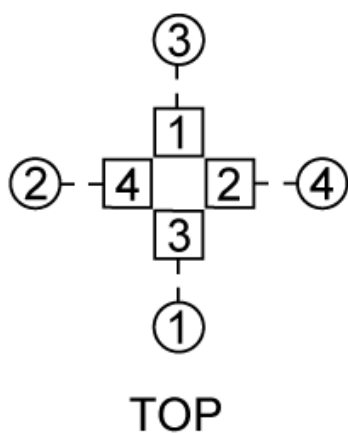
Best Set Squared (or Best Set²)

64 bar Jig for four couples in a square set

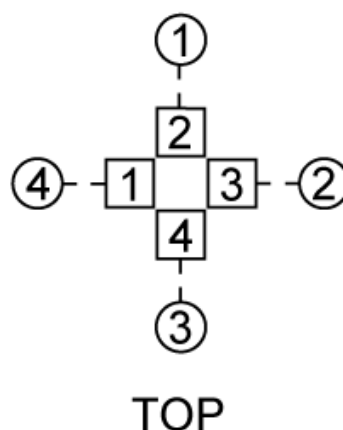
Bars:

- 1-8 All four ladies set, cast off behind partner, chase half-way around the set past the opposite man, and dance in to face him. Men are encouraged to take a small step to the right during the chase to 'square up'. All four ladies finish facing the opposite man, with backs to the centre.
- 9-16 All set. While the ladies cast right shoulder around each other to own sides, the men dance into the centre and swivel right to face their own side – finishing with backs to the centre. Set again, and the men cast right shoulder around each other to their opposite sides, while the ladies dance into the centre and swivel right to face one position on clockwise.
This movement can be thought of as a double 'set to corner and cast away'.
- 16-24 Repeat bars 9-16.
All set, the ladies cast right shoulder around each other to the opposite sideline, while men dance into the centre to finish with backs to the centre. Set again, and men cast right shoulder around each other out to own sides, while ladies dance forwards, aiming for the other side of the set. This flows into...
- 24-28 All chase clockwise half-way around the set. Ladies enter the chase *in front* of their partners.
- 28-32 All turn partners with the right hand, finishing with *men to the right of their partners*.
Two alternate options: this turn can be done with the right shoulder to make this a no-contact dance, or if it is safe to do so, partners may decide to birl here, being careful to finish with men finishing to the right of the lady.
- 33-64 Repeat bars 1-32 with Men as active dancers

End of Bar 8



End of Bar 16



Notes:

This dance is derived from 'Best Set in the Hall' by Helen Greenwood. I was curious if the dance, and in particular, the set to corners and cast away formation, could 'doubled'. The result was a square set dance, hence the name.

This dance was devised in May 2020 during the physical distancing times of COVID-19.

Devised by Xiaowen Yu