

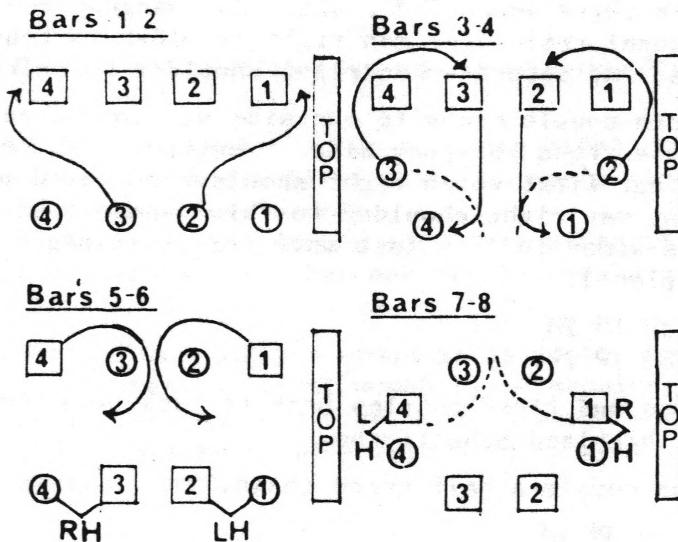
# THE WHITE STAG OF ARRAN

## A Medley for four couples

32 bars Strathspey followed by 40 bars Reel, the whole to be danced through twice.

Devised by *Peggy Jackson*, member of the Glenshee Club

Figure for Strathspey bars 25-32—8 bar phrase (*The Antlers*)



### Strathspey

Bars

1-4 2nd and 3rd couples dance in and, taking nearer hands with partners, 2nd couple lead up between 1st couple, while 3rd couple lead down between 4th couple, and all cast back to place on own sides.

- 5-8 2nd and 3rd couples dance half rights and lets, *but* on giving left hands dance right to the ends of the set. 1st and 4th couples stepping down and up on bars 7 and 8.
- 9-16 1st and 4th couples repeat bars 1-8 (from 2nd and 3rd places). (Order is now 4, 3, 2, 1 on wrong sides.)
- 17-20 Top two couples and also bottom two couples circle once round to the left.
- 21-24 Half reels of four on the sides (all now back to place but still on wrong sides).
- 25-32 From the ladies' side 2nd man dances up between 1st couple, casts off round 1st man's place to his own place, while 3rd man dances down between 4th couple and casts up round 4th man's place to his own place (bars 1-4 of the phrase).
- (8 bar phrase)
- (see fig.) Meanwhile on bar 3 of the phrase the 2nd and 3rd ladies, from the men's side, take nearer hands and dance across to their own side, 2nd lady turns 1st man with left hand, while 3rd lady turns 4th man with right hand, 2nd and 3rd ladies finishing in own places (bars 3-6 of the phrase).
- Meanwhile on bar 5 of the phrase, from the men's side, 1st lady casts down one place and 4th lady casts up one place, they dance into the middle to meet their own partners, and 1st couple turn each other with right hands while 4th couple turn each other with left hands, both couples finishing in own places (bars 5-8 of the phrase).
- All are now back in place.

## REEL

### *Bars*

- 1-4 1st and 2nd men change places with 3rd and 4th ladies respectively, giving right hands, and then 1st and 2nd men cross over giving left hands to the person directly opposite (i.e., 3rd and 4th men) while 3rd and 4th ladies cross over giving left hands to the person directly opposite (i.e., 1st and 2nd ladies).
- 5- 8 On the same diagonal repeat bars 1-4  
9-12 three times more, always the people in 1st  
13-16 and 2nd men's places changing places with the people in 3rd and 4th ladies' places, giving right hands, and then crossing over giving left hands to the person in the opposite place.
- All are now back in place.
- 17-24 2nd lady turns 1st man with right hand while 3rd man turns 4th lady with right hand, then (leaving 1st man and 4th lady in place) 2nd lady and 3rd man turn each other with left hands back to place.
- 25-32 2nd man turns 1st lady with right hand while 3rd lady turns 4th man with right hand, then (leaving 1st lady and 4th man in place) 2nd man and 3rd lady turn each other with left hands back to place.
- 33-40 **The Island Chain**—1st and 4th couples, giving right hand to partners, cross over as in the start of a Grand Chain. 2nd and 3rd couples also cross giving right hands to partners. 2nd couple face up and 3rd couple face down, and all now proceed to dance  $\frac{3}{4}$  of the way round in a chain formation, thus: having given right hand to cross over, give the left hand to the second person in the chain, set to the third person, passing that person on the second setting step, give right hand to the fourth person, left hand to the fifth person, and set to the sixth person, passing that person on the second setting step into final new positions. Order is now 3, 4, 1, 2 on own sides.