

## The Flag of Saint Andrew

*Devised by Sandy Donald to mark the 50<sup>th</sup> anniversary of the St Andrews  
Branch in 1987*

*(32 bar reel/32 bar strathspey medley for four couples in a four-couple set)*

*Tunes: reel - Heather Donald of St Andrews*

*strathspey - Duncan Donald's Strathspey*

Bars	Description - Reel
1-2	1 <sup>st</sup> and 2 <sup>nd</sup> women turn with the left hand, while 1 <sup>st</sup> and 2 <sup>nd</sup> men turn with the right hand. 1 <sup>st</sup> couple finish back to back in the middle of the set in second place.
3-4	2 <sup>nd</sup> , 1 <sup>st</sup> and 3 <sup>rd</sup> couples set as in double triangles.
5-6	1 <sup>st</sup> couple, turning right about, finish back to back in the middle, woman facing up, man facing down, in double triangles position.
7-8	2 <sup>nd</sup> , 1 <sup>st</sup> and 3 <sup>rd</sup> couples set as in double triangles.
9-10	1 <sup>st</sup> couple, turning right about, finish 1 <sup>st</sup> woman facing 2 <sup>nd</sup> and 3 <sup>rd</sup> men, 1 <sup>st</sup> man facing 2 <sup>nd</sup> and 3 <sup>rd</sup> woman, in double triangles position.
11-12	2 <sup>nd</sup> , 1 <sup>st</sup> and 3 <sup>rd</sup> couples set as in double triangles.
13-14	1 <sup>st</sup> couple, turning right about, finish woman facing down and man facing up in double triangles position.
15-16	2 <sup>nd</sup> , 1 <sup>st</sup> and 3 <sup>rd</sup> couples set as in double triangles. (Note: all set during bars 3-16.)
17-18	<b>TRIANGULAR RIGHTS AND LEFTS</b> 1 <sup>st</sup> woman and 3 <sup>rd</sup> man, 1 <sup>st</sup> man and 2 <sup>nd</sup> woman, giving right hands, change places.
19-20	1 <sup>st</sup> woman and 2 <sup>nd</sup> man, 1 <sup>st</sup> man and 3 <sup>rd</sup> woman, giving left hands, change places. At the same time, 3 <sup>rd</sup> man and 2 <sup>nd</sup> woman turn with the left hand to face 1st couple, 2 <sup>nd</sup> woman facing 1 <sup>st</sup> man, 3 <sup>rd</sup> man facing 1 <sup>st</sup> woman.
21-22	2 <sup>nd</sup> woman and 1 <sup>st</sup> man, 3 <sup>rd</sup> man and 1 <sup>st</sup> woman, giving right hands, change places.
23-24	1 <sup>st</sup> couple turn with the left hand, 1 <sup>st</sup> woman to face 2 <sup>nd</sup> man and 1 <sup>st</sup> man to face 3 <sup>rd</sup> woman.
25-26	1 <sup>st</sup> woman and 2 <sup>nd</sup> man, 1 <sup>st</sup> man and 3 <sup>rd</sup> woman, giving right hands, change places.
27-28	1 <sup>st</sup> woman and 3 <sup>rd</sup> man, 1 <sup>st</sup> man and 2 <sup>nd</sup> woman, giving left hands, change places. At the same time, 2 <sup>nd</sup> man and 3 <sup>rd</sup> woman turn with the left hand to face 1 <sup>st</sup> couple, 2 <sup>nd</sup> man facing 1 <sup>st</sup> woman and 3 <sup>rd</sup> woman facing 1 <sup>st</sup> man.
29-30	2 <sup>nd</sup> man and 1 <sup>st</sup> woman, 3 <sup>rd</sup> woman and 1 <sup>st</sup> man, giving right hands, change places.
31-32	1 <sup>st</sup> couple turn with the left hand to second place.
Bars	Description - Strathspey
1-4	1 <sup>st</sup> , 3 <sup>rd</sup> and 4 <sup>th</sup> couples dance half reels of three on the sides. 1 <sup>st</sup> couple dance in and down, 3 <sup>rd</sup> couple dance out and up and 4 <sup>th</sup> couple dance in and up.

5-8	1 <sup>st</sup> couple dance up the middle and cast to third place, followed by 3 <sup>rd</sup> couple who cast into second place. 4 <sup>th</sup> couple cast off and dance to fourth place.
9-12	3 <sup>rd</sup> , 1 <sup>st</sup> and 4 <sup>th</sup> couples advance, turn partners with both hands halfway round, and retire to the opposite side.
13-16	3 <sup>rd</sup> , 1 <sup>st</sup> and 4 <sup>th</sup> couples advance, turn partners with both hands halfway round, and retire to place.
17-20	1 <sup>st</sup> woman dances half a reel of three across the dance with 3 <sup>rd</sup> couple. 1 <sup>st</sup> man dances half a reel of three across the dance with 4 <sup>th</sup> couple. 1 <sup>st</sup> couple finish in third place on the opposite side.
21-24	1 <sup>st</sup> woman dances half a reel of three across the dance with 4 <sup>th</sup> couple. 1 <sup>st</sup> man dances half a reel of three across the dance with 3 <sup>rd</sup> couple. 1 <sup>st</sup> couple finish in third place on own side.
25-28	1 <sup>st</sup> and 4 <sup>th</sup> couples dance half rights and lefts.
29-32	1 <sup>st</sup> and 4 <sup>th</sup> couples set and, giving right hands, cross over to own side.
	Repeat the reel and strathspey with a new top couple.

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The CD is recorded by David Cunningham Snr (with Ron Gonella) and David Cunningham Jnr, and full instructions are included in the booklet for all 13 dances.